



## ARE YOU WEARY?

I don't know about you but I grow weary at times. Perhaps I am getting old. I think, if the truth were known, we all get weary at times. What does the Bible say about that?

*And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart.*

Galatians 6:9

Paul says we should not get weary while doing good. I guess it's alright to get tired of doing wrong! Again, he says,

*But as for you, brethren, do not grow weary in doing good.*

II Thessalonians 3:13

That's fine, but how do we avoid being weary? The author of Hebrews writes,

*Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. For consider Him who endured such hostility from sinners against Himself, lest you become weary and discouraged in your souls.*

Hebrews 12:1-3

Here we have a list of things to do to prevent weariness.

- lay aside every weight
- lay aside the sins that plague us
- run with endurance
- looking to Jesus

1) I believe that we need only to look around us a little and see that there are things we do that are totally unnecessary and which bring little satisfaction. We do them, mostly, out of habit. If we make a point of it, we can put these things out of our lives - leaving our energy for the more important things.

2) Next, there is sin. Some sins don't bother me much. I have no trouble with respect to murder, incest and a lot of other things like that. You don't either. We all have "pet sins" that plague us. If you use some of the energy saved in Step 1 to avoid these sins, we will be strengthened and be less inclined to weariness.

3) We are not running a 50 yard dash! We have a long way to go. A good runner can run a mile in several minutes - 15 to 20 miles an hour. A Marathon runner can not run at that speed, they run at speeds more like 6 to 8 miles an hour. Sometimes we try, as Christians, to do too many "good things" in a hurry. I have seen people who, for a time, were really "on fire" for the Lord, doing all kinds of great things - until they "burned out" out and did nothing after that. As Christians we need to be able to say "no" when people ask us to take on more responsibilities. We need to say "yes" some of the time but not all the time. The more you do, the more you will be asked to do - that's life. You have to limit yourself to what you can do without wearying.

4) Finally we need to look at our source of strength. *The Lord is my strength and song, And He has become my salvation; He is my God, and I will praise Him;*

Exodus 15:2

*God is my strength and power, And He makes my way perfect.*

II Samuel 22:33

*The Lord is my rock and my fortress and my deliverer; My God, my strength, in whom I will trust; My shield and the horn of my salvation, my stronghold.*

Psalms 18:2

Finally, as one preacher I knew put it, "I get tired **in** the Lord's work but I never get tired **of** it." If you follow these guidelines from Hebrews 12, you may get tired from time to time but you will never grow *weary of doing good*.

Well, there is more that could be written but I am getting a bit weary.

Wayne

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